



NREIC

# Collaborations

Update February 2007

Published for the Early Intervention  
Community of Bergen, Hudson and  
Passaic Counties.

[www.nreic.org](http://www.nreic.org)

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**February 13, 2007** “ADHD Basics & Beyond” by Dr. Hugh Bases, Developmental & Behavioral Pediatrician presented by Glen Rock Special Services Advisory Council. 7:30PM Central School Auditorium, Maple Avenue, Glen Rock. Contact: [Rainy3@optonline.net](mailto:Rainy3@optonline.net) with any questions.

**February 15, 2007** “Advocating for your Child/Student with Disabilities Under the New Code” by Renay Zamloot. 6:30pm—9:30pm, Linden, NJ. FREE. For further information call (908)486-2615 or (908)414-8292 or email [jmfm24@comcast.net](mailto:jmfm24@comcast.net) or [autism\\_advo@yahoo.com](mailto:autism_advo@yahoo.com)

**February 28, 2007** Apraxia Network of Bergen County. 7pm—8:30pm, Temple Shalom, River Edge, NJ. Dr. Zimmer, Pediatric Dentist, will discuss the importance of childhood dental hygiene. For directions and to RSVP: 201-741-4035 or [jbmistletoe@optonline.net](mailto:jbmistletoe@optonline.net)

**February 28, 2007** “Social Skills for Children and Adolescents with Social Challenges” 7:30-9:30pm, SPEC, Pascack Valley Hospital Auditorium. Presenters: Jeanne Marron and Janine Standish. RSVP to [Lruschman@pvhospital.org](mailto:Lruschman@pvhospital.org) or call Lori 201-358-1203.

**SAVE THE DATE!!!**  
The Annual Helpful Hands NREIC Golf Outing will be held on June 25, 2007 at the Wild Turkey Golf Club in Hamburg, New Jersey. All proceeds will go to support the Special Needs Fund and other family-centered activities of the NREIC. Be sure to watch this space for more information!



Hudson Perinatal Consortium has a grant that enables them to go to do a safety assessment and to provide plugs/gates, etc. if needed. If you or a family you know is in need of this service please contact them at 201-876-8900

**Transition to Preschool Workshops**  
Helpful Hands, 65 Willowbrook Blvd., Wayne, from 10am to 12:30pm. Please RSVP to Lily at 973-256-8484 with preferred date.

- April 17, 2007
- June 1, 2007

Childcare cannot be provided.

**F.Y.I.**  
For those families looking for doctors and dentists who accept Medicaid, the following website lists those providers:  
[www.njmmis.com](http://www.njmmis.com)

The New Jersey Department of Education, Office of Special Education Programs Learning Resource Center Project will provide a workshop on “Decision Making in the IEP Process: Focus on Least Restrictive Environment” at all its sites:  
February 6 — 5:30pm-8pm LRC-North, East Orange 973-414-4495  
February 13 — 6-8:30pm LRC-South, Sewell 856-582-7000  
February 27 — 6:30pm-9pm LRC-North Satellite, Morris Plains 973-631-6345 x111  
February 28 — 6:30pm-9pm LRC-Central, Dayton 732-274-5570

### Put Together a Caregiver “Cheat Sheet”

Whether you’ve hired a babysitter to watch your child one evening, found a respite caregiver to give you a break, or are asking family to watch your child for a weekend or a week, sharing the special information that makes your child safe, healthy and happy will improve everybody’s experience. Your list can also be helpful for passing on to teachers, daycare operators, aids, and others who will be in charge of meeting your child’s needs. You can use these categories and list items as a template for putting together your own collection of useful information:

- **Discipline:** Our current disciplinary Strategy; Response to bad behavior; Time-out spot; Time-out duration; Response to good behavior; Absolute no-no’s; Things to let slide; Phrases we use;
- **Medication:** What to give; When to give it; How to give it; What it does; Problems to watch out for; What to do if you forget to give it; Other Medical procedures needed; Emergency contact;
- **Diet:** Food allergies; Food preferences; Foods child is not allowed to eat; Foods child is allowed to avoid; Acceptable treats; Eating assistance required; Food log entries required;
- **Routine:** Wake-up time; Morning routines; Typical meal times; Daycare/School drop-off; Daycare/School pick-up; Appointments; Afternoon routines; Leisure time; Bedtime routines; Bedtime;
- **Comfort Items:** Toys; Books; Games; TV shows; Videos; Music; Activities; Places;
- **One Sure Thing:** If my child is upset, or sad, or hyper, or otherwise needs something more than you can figure out, here’s one thing that usually works to turn things around:

*The Judy Center, Hackensack University Hospital, will present the following workshops at the Don Imus-WFAN Pediatric Center for Tomorrows Children, 30 Prospect Avenue, Room PC347, 3rd Floor, Hackensack, NJ:*

- *February 21—“Sleep Disorders, The Respiratory System, and Down Syndrome” presented by Dr. Pakkay Ngai from 7pm –8pm*
- *March 28 — “Constipation and Other Gastrointestinal Problems in Down Syndrome” presented by Dr. Elaine Moustafellos from 7pm-8pm*

*Please RSVP to 201-996-5839. \*Free parking located at the Second Street Parking Garage.*



Autism Spectrum Disorders (ASD) are reported as the sixth most commonly classified disability among young people receiving special education services in American schools, and it has been estimated that as many as 500,000 young people in the U.S. (birth to 21 years) have an Autism Spectrum Disorder (Center for Disease Control, 2006). A new publication from the University of Minnesota's Institute on Community Integration "Impact: Feature Issue on Supporting Success in School and Beyond for Students with Autism Spectrum Disorders" provides information on strategies and resources that can assist educators, families and others to support the academic, social, and vocational success of PreK-12 students with ASD.

The issue can be found online at: <http://ici.umn.edu/products/impact/193/defaulta.html> and is also available in print by contacting the Institute's Publications Office at 612-624-4512 or [publications@icimail.umn.edu](mailto:publications@icimail.umn.edu).



"Assistive Technology in Education", a workshop for Parents of Students with Disabilities (ages 3 to 21 years) will be presented by SPAN (Statewide Parent Advocacy Network) at the Learning Resource Centers across the State:

- LRC-Central—3/3/07 from 9:30am to 12:30 pm
  - LRC-South—3/6/07 from 6 to 9pm
- LRC-North Satellite—3/13/07 from 6 to 9pm
- LRC-North—4/11/07 from 9:30am to 12:30pm

Register online at:  
[http://www.spannj.org/START/assistive\\_technology\\_registration.htm](http://www.spannj.org/START/assistive_technology_registration.htm)

or call SPAN at 800-654-SPAN

For directions go to  
<http://www.nj.gov/njded/genfo/directions.htm>

Barnes & Noble, 765 Route 17 South, Paramus, will present "A VERY SPECIAL EVENT" inspired by "I Have Down Syndrome," (a story in *National Geographic Kids* magazine) on Wednesday, February 21 at 4pm. This event will help kids understand what life is like for a special needs friend who is also a lot like them. 201-445-4589 or online [www.bn.com](http://www.bn.com)

COSAC will present a *Spanish Autism Series* for Latino families with children diagnosed on the Autism spectrum. This Workshop will be on March 24, 2007 in Bergen County and be presented entirely in Spanish. It will address issues related to autism including effectively advocating for children, accessing critical information and support services. Contact Amy Perrine, Coordinator of Information & Advocacy, COSAC:  
[Amy.Perrine@njcosac.org](mailto:Amy.Perrine@njcosac.org)