

**HUDSON COUNTY  
EARLY INTERVENTION  
FAMILY RESOURCE  
GUIDE 2010**



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The following is an informal listing of resources about services, supports and other information that a family living in Hudson County and involved in the New Jersey Early Intervention System may find useful. Resource information was correct at the time of printing. Please verify important information about laws, regulations, procedures and agencies since they change frequently. A resource listing in the Hudson County Guide by Helpful Hands, the Northeast Regional Early Intervention Collaborative, Inc. (NREIC), does not constitute an endorsement of any specific organization, entity, opinion, or methodology of treatment by NREIC. Ask your healthcare professional or legal professional if you have specific questions regarding your family's unique needs.

**\* Special Thanks to: Nicole Pratt; Hudson County Service Coordination Unit; and the NREIC Board of Trustees for their assistance and support in developing this guide for Early Intervention families in Hudson County.**

# STATE GOVERNMENT AGENCIES



## DEPARTMENT OF CHILDREN AND FAMILIES (DCF)

DCF is focused on strengthening families and achieving safety, well being and permanency for all NJ's children.

- Division of Youth and Family Services(DYFS).....609-292-6920
- Division of Child Behavioral Health Services.....609-292-4741
- Division of Prevention and Community Partnership.....609-984-0678
- Office of Training and Workforce Development.....609-777-2018
- Division of Central Operations.....609-984-7770
- Office of Education.....609-588-3165
- **HOTLINES:**
  - Child Abuse and Neglect.....800-835-5510
  - NJ Foster Care.....877-NJ FOSTER
  - NJ ADOPT.....877-99ADOPT

## DEPARTMENT OF COMMUNITY AFFAIRS (DCA).....609-292-6055

<http://www.state.nj.us/dca>

DCA provides a variety of services to low-income families, women and persons with disabilities. Services include assistance with rentals, the Federal Section 8 voucher program, and emergency shelter grants and homelessness prevention.

## DEPARTMENT OF EDUCATION .....609-292-4469

- Department of Early Childhood Education.....609-777-2074
- Department of Special Education.....609-292-0147

## DEPARTMENT OF HEALTH AND SENIOR SERVICES.....800-367-6543

## DEPARTMENT OF HUMAN SERVICES.....609-292-3717

The Department of Human Services, provides support services for people with disabilities and their families, as well as programs for mental health consumers, protective services for children, the NJ Medicaid Program, food stamps, child care, financial assistance and adoption services

## DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT.....609-292-2323

- State Disability Insurance.....609-292-7060
- \*NJ Relay for Deaf, Hard of Hearing/Speech Impaired Text.....800-852-7899

## DEPARTMENT OF LAW AND PUBLIC SAFETY.....609-292-4925

## DEPARTMENT OF MILITARY AND VETERAN'S AFFAIRS.....609-826-5090

## DEPARTMENT OF TRANSPORTATION .....609-530-2000

## DEPARTMENT OF THE TREASURY.....609-292-6748

# DISABILITY RELATED STATE RESOURCES

**NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES.....800-216-1199**

**[www.njddc.org](http://www.njddc.org)**

The New Jersey Council on Developmental Disabilities is New Jersey's planning body for developmental disabilities issues. Members are appointed by the governor and approved by the NJ Senate. The Council develops and monitors the State Plan for Services to People with Developmental Disabilities and administers the federally assisted Basic State Grant Program, and publishes *People with Disabilities and Families* magazine.

**DISABILITY RIGHTS NEW JERSEY (FORMERLY NJP&A).....800-922-7233**

**[www.drnj.org](http://www.drnj.org)**

Disability Rights New Jersey is a non-profit consumer directed organization that serves as New Jersey's federally funded protection and advocacy system for persons with disabilities. The program was established to protect and advocate for the rights of citizens with disabilities in the areas of guardianship, habilitation, medical treatment, education, employment, protection from harm, transportation, and other civil rights. It provides legal services and responds to complaints from individuals and their families, as well as from community groups. It also provides training for people with disabilities and their families to assist them to advocate for themselves.

**EDUCATION LAW CENTER.....973-624-1815**

**[www.edlawcenter.org](http://www.edlawcenter.org)**

ELC advocates on behalf of public school children for access to an equal and adequate education under state and federal laws.

**ELIZABETH M. BOGGS CENTER ON DEVELOPMENTAL DISABILITIES.....732-235-9300**

**<http://rwjms.umdnj.edu/boggscenter>**

The Elizabeth M. Boggs Center on Developmental Disabilities, UMDNJ-Robert Wood Johnson Medical School, provides community training and technical assistance, interdisciplinary pre-service preparation of students and fellows, and dissemination of information, research findings and educational materials.

**OFFICE OF THE CHILD ADVOCATE (AS OF 5/10).....609-984-1188**

**OFFICE FOR CIVIL RIGHTS.....800-872-5327**

**SPAN (STATEWIDE PARENT ADVOCACY NETWORK).....800-654-7726**

**[www.spannj.org](http://www.spannj.org)**

The mission of SPAN is to empower families and inform and involve professionals and others interested in the healthy development and educational rights of children. SPAN provides information and support to families of children with developmental delays, disabilities and special health needs.

# HUDSON COUNTY RESOURCES

Official Hudson County Website.....[www.hudsoncountynj.org](http://www.hudsoncountynj.org)



## ADOPTION:

**Adoption Hotline.....800-992-3678**

Call to learn how you can change a child's life by becoming an adoptive parent.

## ADVOCACY – (for CHILDREN & DISABLED):

**Family Support Organization of Hudson County.....201-915-5140**  
**[www.fsohc.org](http://www.fsohc.org)**

The Family Support Organization of Hudson County is a family-run, county-based organization that provides direct family-to-family peer support, education, advocacy and other services to family members of children with emotional and behavioral challenges.

**Disability Rights New Jersey (formerly NJ P & A) .....800-922-7233**

**[www.drnj.org](http://www.drnj.org)**

Disability Rights New Jersey, formerly New Jersey Protection and Advocacy, Inc is a non-profit consumer directed organization that serves as New Jersey's federally funded protection and advocacy system for persons with disabilities. The program was established to protect and advocate for the rights of citizens with disabilities in the areas of guardianship, habilitation, medical treatment, education, employment, protection from harm, transportation, and other civil rights. It provides legal services and responds to complaints from individuals and their families, as well as from community groups. It also provides training for people with disabilities and their families to assist them to advocate for themselves.

**Hudson County Child Abuse Advocacy Center (CAC).....201- 915-1234**

**SPAN (Statewide Parent Advocacy Network).....800-654-SPAN**

**[www.spannj.org](http://www.spannj.org)**

The mission of SPAN is to empower families and inform and involve professionals and others interested in the healthy development and educational rights of children. SPAN provides information and support to families of children with developmental delays, disabilities and special health needs.

## DEVELOPMENTAL DISABILITIES/SPECIAL NEEDS:

**Center for Children with Special Needs.....201-915-2059**

**Center for Independent Living.....201-533-4407**

**Heightened Independence & Progress- [www.hipcil.org](http://www.hipcil.org).....201-533-4409**

A community-based, consumer organization that provides information and referral, peer counseling, skills training, advocacy and a variety of services based on individual needs.

**Early Intervention Services - [www.njeis.org](http://www.njeis.org).....888-653-4463**

If your child should be crawling, walking or talking, but isn't, call for information about a free developmental evaluation and supports and services for your eligible child under the age 3.

**Easter Seals Society of New Jersey.....732-257-6662**

**Hudson County Special Child Health Services .....201-915-2514**

**Hudson Milestones .....201-434-7783**

**[www.hudsonmilestones.org](http://www.hudsonmilestones.org)**

A Hudson County based organization dedicated to the care, support and advancement of people with developmental disabilities and their families seeking to achieve, to the maximum extent possible, the individual's life goals and establishing self-sufficiency in the community.

**NJ Division of Developmental Disabilities .....800-832-9173**

**[www.state.nj.us/humanservices/ddd/about\\_ddd.html](http://www.state.nj.us/humanservices/ddd/about_ddd.html)**

- **DDD Regional Office.....973-977-4004**  
**(Serving Bergen, Hudson and Passaic counties)**

DDD is a state funded program that coordinates and/or provides a variety of services for people who have a lifelong developmental disability that substantially limits them. These services are not an entitlement, and there is no guarantee of funding.

**NJ Early Intervention System Referral # for Hudson County.....888-653-4463**

If your child should be crawling, walking or talking, but isn't, call for information about a free developmental evaluation and supports and services for your eligible child under age 3.

- **Helpful Hands, the Northeast Regional Early Intervention Collaborative, Inc.....973-256-8484**

**Helpful Hands** is a non-profit organization serving Bergen, Hudson & Passaic counties, whose goal is to promote quality, family-centered early intervention services.

**The Arc or Hudson County.....201-319-9229**

Serving individual's with developmental disabilities and their families across the life span.

## **DOMESTIC VIOLENCE:**

**Statewide- Domestic Violence Hotline.....800-572-7233**

Provides a statewide 24-hour, seven-day-a-week domestic violence hotline to serve domestic violence victims and others seeking information about domestic violence. The Hotline provides bilingual service and is accessible to the hearing impaired.

**Women Rising.....201-333-5700**

270 Fairmount Avenue, Jersey City, NJ 07306 (24 hour hotline)

## **EARLY CHILDHOOD PROGRAMS & ENRICHMENT:**

### **Head Start/Early Head Start of Hudson County Referrals**

**Head Start North Hudson Community Action Corp.....201-863-7511**

401 Palisade Avenue, Union City, New Jersey 07087

**Jersey City Head Start.....201-656-1500**

<http://www.jerseycityheadstart.com/welcome.html>

**Bayonne Head Start.....201-437-7222**

[www.greatschools.net/new-jersey/bayonne/preschools/Beof-Bayonne-Head-Start/4758/](http://www.greatschools.net/new-jersey/bayonne/preschools/Beof-Bayonne-Head-Start/4758/)

**Head Start Toll Free Information.....866-763-6481**

**Child Care Resource and Referral Agencies - Hudson County.....201-451-8888**

The NJ Association of Child Care Resource and Referral Agencies is a non-profit organization composed of child care resource and referral agencies. It promotes a universally accessible, affordable & quality of early care & education responsive to parental choice.

**www.njaccrra.org**

**Urban League of Hudson County. ....201-451-8888**

**www.ulohc.org**

The Urban League provides services in the areas of education, mentorship, economic development, job placement, childcare, family counseling and programs for seniors.

**Office of Early Care and Education.....609-984-5321**

### **EARLY CHILDHOOD PROGRAMS:**

#### **Early Childhood Programs-Preschool**

Certain public schools maintain FREE preschool for eligible 3 and 4-year-olds. Eligibility for the “wrap-around services” will be based on the family’s income. Check the following districts to see if they still provide such services in Hudson County:

**Harrison Public School District.....973-483-2128**

**Hoboken Public Schools..... 201-356-3630**

**Jersey City Public Schools..... 201-714-4387**

**Union City Board of Education..... 201-348-5880**

**West New York School District..... 201-553-4110**

### **HEALTH CARE /THERAPEUTIC SERVICES:**

**Bayonne Women’s Health Center.....201-823-1250**

**Center for Children with Special Needs.....201-915-2059**

953 Garfield Avenue, Jersey City, NJ 07304

#### **Family Planning Centers**

▪ **Family Planning Center of West New York.....201-866-3807**  
5305 Hudson Avenue, West New York, NJ 07093

▪ **Hoboken Family Planning, Inc.....201-963-0300**  
124-30 Grand Street, Hoboken, NJ 07030

• **Metropolitan Health Center.....201-478-5800**  
935 Garfield Ave, Jersey City, NJ 07304-3194

• **Family Health Services.....201-946-6430**  
935 Garfield Ave. Jersey City, NJ 07304

• **Meadowview Campus .....201-223-1133**  
595 County Ave., Bldg. 1, Secaucus, NJ 07094

**Feeding and Swallowing Disorders Clinic.....973-754-4330**

St. Joseph’s Medical Center, 703 Main Street, Paterson, NJ 07503

**Jersey City Medical Center-Developmental Pediatrics..... .201-915-2059**

**Hudson Perinatal Consortium Inc.....201-876-8900**

This is the Lead-planning agency for Maternal and Child Health Services in Hudson County.

**Jersey City Medical Center Child & Adolescent Services.....201-915-2272**

**Lead Screening and Treatment.....201-547-4568**

Lead is a toxic material that can damage a child's nervous system as well as cause anemia and stomach irritation. Uniform screening for lead exposure and follow up education for the parent is provided.

**Proyecto Vision: A Bilingual Website for Latinos with Disabilities**

**[www.proyectovision.net/index.html](http://www.proyectovision.net/index.html)**

This website provides a vast amount of employment resources, news, opportunities, events, announcements, and other information relevant to the Latino community and disability.

**North Hudson Community Action Corporation Health Centers:**

(Federally Funded Quality Health Centers)

- West New York Site - 5301 Broadway, West New York, NJ..... **201-866-9320**
- Union City Site - 714-31<sup>st</sup> Street, Union City, NJ ..... **201-863-7077**
- Jersey City Site - 324 Palisade Avenue, Jersey City, NJ..... **201-210-0200**
- North Bergen Site - 1116-43<sup>rd</sup> Street, North Bergen, NJ..... **201-210-0200**

**Private Therapy Centers for Children**

Pediatric Therapeutic Resources, LLC..... **201-792-3840**

Sensory Kids LLC..... **201-324-1722**

Bayonne Pediatric Therapy Center..... **201-436-0014**

**IMMIGRATION:**

**Immigration Offices and Procedures in New Jersey**

<http://research.lawyers.com/New-Jersey/Immigration-Offices-and-Procedures-in-New-Jersey.html>

**MENTAL & BEHAVIORAL HEALTH:**

**Jersey City Medical Center Dept. of Psychiatry & Behavioral Health.....201-915-2000 x 3683**

**Christ Hospital.....201-795-8375**

**Catholic Community Services.....201-653-6515**

**Salvation Army Counseling Services.....201-435-7355**

**Mt. Carmel Guild.....201-864-0270**

**Community Mental Health of St. Mary.....201-792-8200**

**Puerto Rican Family Institute, Inc. ....201-610-1446**

**Family Support Organization of Hudson County..... 201-915-5140**  
**www.fsohc.org**

The Family Support Organization of Hudson County is a family-run, county-based organization that provides direct family-to-family peer support, education, advocacy and other services to family members of children with emotional and behavioral challenges.

**Hudson County Crisis Intervention Contact..... 866-367-6023**  
Provides access to emergency services and counseling for non-medical emergencies and crisis intervention.

**System of Care intake & referral number.....877-652-7624**

**PROTECTIVE SERVICES: ADULTS & CHILDREN**

**Adult Protective Services (APS) .....201-295-5160**  
Investigates complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults 18 or older.

**Division of Youth and Family Services (DYFS).....609-292-6920**

- Hudson Central Local Office, 438 Summit Ave, JC, NJ 07306.....**201-795-0423**
- Hudson North Local Office, 1 Harmon Meadow Blvd,  
Secaucus, NJ .....**201-865-4101**
- Hudson South Local Office, 690 Broadway, Bayonne, NJ.....**201-823-5000**
- Hudson West Local Office,1 Harmon Meadow Blvd,  
Secaucus, NJ.....**201-863-3179**

**Hudson County Family Success Centers**  
**www.hudsoncountychildabusepreventioncenter.org**

These centers promote the safety and well-being of Hudson County children by providing programs and services which develop and strengthen the community’s capacity to nurture children and prevent child abuse.

- **Family Success Center at Horizon Health Center.....201-451-4767**  
Serving the Jersey City community & Bayonne
- **West Hudson Family Success Center.....201-998-0803**  
Serving Kearny, Harrison & East Newark

**SOCIAL SERVICES:**

**Hudson County Board of Social Service.....201-420-3000**

Division of Family Development, 257 Cornelison Ave, Jersey City, NJ 07306 can help with these issues:

- Child Care
- Drug/Alcohol Assistance
- Emergency Assistance, End Hunger NJ, Food Stamps, Energy Assistance Program
- Hispanic Outreach and Advocacy
- Medicaid
- Refugee Resettlement
- Supportive Assistance to Individuals and Families (SAIF)
- Work First NJ (NJ’s TANF Program), Support for Working Families
- Social Services for the Homeless (SSH)
- Special Initiatives & Transportation
- Social Security Income (SSI)

**WIC (Women, Infants & Children) of Hudson County**-The WIC program provides supplemental nutritious foods to pregnant, breastfeeding and postpartum women, infants and children up to the age of five. WIC services include nutrition education immunization screening and health care referrals.

- **North Hudson WIC Program**  
5301 Broadway, Lower Level, West New York, NJ 07093  
(201) 866-4700, flor@nhcac.org; Service Areas: HUDSON except for Bayonne & Jersey City
- **Jersey City WIC Program**  
201 Cornelison Avenue, 2<sup>nd</sup> Floor, Jersey City, NJ 07304  
(201) 547-6842, DMurray@jcnj.org ; Service Areas: Bayonne and Jersey City

**SPECIAL EDUCATION AND EARLY INTERVENTION SERVICES:**

**Hudson County School District Board of Education listings:**

Call your local school district if your child is age 3 or over, and you would like them evaluated for special education services:

- Bayonne..... 201-858-5870
- East Newark..... 973-481-6800
- Guttenberg..... 201-861-3100
- Harrison..... 973-483-2128
- Hoboken..... 201-356-3630
- Jersey City..... 201-714-4387
- Kearny..... 201-955-5082
- North Bergen..... 201-295-2858
- Secaucus..... 201-974-2068
- Union City..... 201-348-5880
- Weehawken..... 201-422-6125
- West New York..... 201-553-4110

**Hudson Milestones – www.hudsonmilestones.org..... 201-434-7783**

A Hudson County based organization dedicated to the care, support and advancement of people with developmental disabilities and their families seeking to achieve, to the maximum extent possible, the individual’s life goals and establishing self-sufficiency in the community.

**NJ Early Intervention System Referral # for Hudson County..... 888-653-4463**

If your child should be crawling, walking or talking, but isn’t, call for information about a free developmental evaluation and supports and services for your child under age 3.

- **Helpful Hands, the Northeast Regional Early Intervention Collaborative, Inc. .... 973-256-8484**

Helpful Hands is a non-profit organization serving Bergen, Hudson & Passaic Counties, whose goal is to promote quality, family-centered early intervention services.

**St. Joseph’s School for the Blind - www.sjsnj.org..... 201-876-5432**

This school serves students from 0-21, who are blind or partially sighted and may have other disabilities.

**Therapeutic Nursery-Jersey City Medical Center..... 201-915-2285**

**United Cerebral Palsy (UCP) of Hudson County..... 201-436-2200**

UCP of Hudson County provides a comprehensive array of advocacy and support services to children and adults with multiple physical and developmental disabilities.



# DIAGNOSIS SPECIFIC RESOURCES



## **AUTISM**

Autism New Jersey (formerly COSAC) [www.autismnj.org](http://www.autismnj.org) ..... 800-4-AUTISM  
Autism Family Services of New Jersey..... 887-AFS-4477

## **BLIND/VISUALLY IMPAIRED**

National Federation of the Blind-NJ..... 973-743-0075  
New Jersey Council of the Blind..... 609-882-2446  
New Jersey Foundation for the Blind..... 973-627-0055

## **CEREBRAL PALSY**

Cerebral Palsy of North Jersey..... 973-763-9900  
United Cerebral Palsy of Hudson County..... 201-662-0080

## **COGNITIVE DISABILITY (formerly known as Mental Retardation)**

The Arc of New Jersey..... 732-246-2525

**COMMUNITY ACCESS UNLIMITED**..... 908-354-3040

**CLEFT LIP/PALATE**..... 407-566-8304

## **DEAF/HARD OF HEARING/HEARING IMPAIRMENT**

Division of Deaf and Hard of Hearing..... 800-792-8339

## **DOWN SYNDROME**

National Down Syndrome Society (NDSS, [www.ndss.org](http://www.ndss.org))..... 800-221-4602  
The Judy Center for Down Syndrome (Healthcare)..... 201-996-JUDY

**EPILEPSY/SEIZURE DISORDERS**..... 800-336-5843

**FETAL ALCOHOL SYNDROME**..... 973-972-8930

**FRAGILE X SYNDROME**..... 800-688-8765

**HEAD INJURY/TRAUMATIC BRAIN INJURY**..... 732-738-1002

**SPEECH**..... 908-359-5308

New Jersey Speech and Hearing Association

**SPINA BIFIDA**..... 908-782-7475

# INTERNET RESOURCES



## ADVOCACY

[www.drnj.org](http://www.drnj.org)

[www.spannj.org](http://www.spannj.org)

[www.edlawcenter.org](http://www.edlawcenter.org)

## ATTENTION DEFICIT DISORDERS (ADD/ADHD)

[www.add.org](http://www.add.org)

[www.chadd.org](http://www.chadd.org)

## AUTISM

[www.njautism.org](http://www.njautism.org) (formerly COSAC)

[www.autismlink.com](http://www.autismlink.com)

[www.autism-pdd.net](http://www.autism-pdd.net)

[www.autismsociety.org](http://www.autismsociety.org)

[www.autismusa.net](http://www.autismusa.net)

[www.autismspeaks.org](http://www.autismspeaks.org)

## CEREBRAL PALSY

[www.ucp.org](http://www.ucp.org)

[www.cpfnj.org](http://www.cpfnj.org)

## CHILDREN WITH SPECIAL NEEDS:

[www.disabilityinfo.gov](http://www.disabilityinfo.gov)

### **Exceptional Parent Magazine**

[www.eparent.com](http://www.eparent.com)

### **National Association for the Education of Young Children (NAEYC)**

[www.naeyc.org](http://www.naeyc.org)

### **National Information Center for Children & Youth with Disabilities (NICHY)**

[www.nichy.org](http://www.nichy.org)

### **National Organization for Rare Disorders**

[www.rarediseases.org](http://www.rarediseases.org)

### **Zero to Three**

[www.zerotothree.org](http://www.zerotothree.org)

# INTERNET RESOURCES

## DENTAL CARE:

[www.njda.org](http://www.njda.org)

## DOWN SYNDROME:

**National Down Syndrome Society (NDSS)**

[www.ndss.org](http://www.ndss.org)

**National Down Syndrome Congress (NDSC)**

[www.ndscenter.org](http://www.ndscenter.org)

**The Arc of New Jersey**

[www.arcnj.org](http://www.arcnj.org)

## EARLY INTERVENTION – BIRTH TO THREE:

**New Jersey Early Intervention System**

[www.njeis.org](http://www.njeis.org)

<http://www.state.nj.us/health/fhs/eis/index.shtml>

**Northeast Regional Early Intervention Collaborative**

[www.nreic.org](http://www.nreic.org)

**Zero to Three Resource on the first three years of life**

[www.zerotothree.org](http://www.zerotothree.org)

## FAMILY SUPPORT:

**Family Support Center of NJ**

<http://www.fscnj.org>

**New Jersey Statewide Parent to Parent**

[parent2parent@spannj.org](mailto:parent2parent@spannj.org)

**Statewide Parent Advocacy Network (SPAN)**

<http://www.spannj.org>

**National Information Center**

[www.nichcy.org](http://www.nichcy.org)

**The Family Village**

<http://www.familyvillage.wisc.edu>

**National Center for Learning Disabilities**

<http://www.nclld.org/publications-a-more?gclid=CL0o7lqsv5wCFsBN5QodYVr9mw>

# INTERNET RESOURCES

## HEALTH CARE:

### **HealthyChildren.org**

This site offers reliable, timely information about specific conditions or general guidance. Site is backed by 60,000 pediatricians of AAP

### **New Jersey Family Care – Medicaid managed care**

<http://njfamilycare.org>

### **Proyecto Vision: A Bilingual Website for Latinos with Disabilities**

<http://www.proyectovision.net/index.html>

## INCLUSION:

### **Circle of Inclusion from birth to age 8**

<http://www.circleofinclusion.org>

### **NJ Inclusive Child Care Project**

<http://www.spannj.org/njiccp/>

### **New Jersey Coalition for Inclusive Education**

<http://njcie.net>

## NJ SOCIAL SERVICE RESOURCES:

### **www.njhelps.org**

At this website, you can find out about services and programs for children, families and individuals. You can also prescreen for eligibility for programs such as Food Stamps, Medicaid and others.

### **New Jersey State Library:**

A web site has been created that provides assistance to New Jersey residents and businesses to help them through tough economic times.

*<http://gethelp.njlibraries.org/>*

## RIGHTS AND LAWS:

### **The Americans with Disabilities Act (ADA)**

[www.usdoj.gov/crt/adahom1.htm](http://www.usdoj.gov/crt/adahom1.htm)

### **The Individuals with Disabilities Education Act (IDEA)**

[www.ed.gov/offices/OSERS/Policy/IDEA/the-law.html](http://www.ed.gov/offices/OSERS/Policy/IDEA/the-law.html)

### **N.J.A.C. 8:17 Early Intervention System**

<http://www.state.nj.us/health/fhs/eis/policies.shtml>

## SIBLING SUPPORT:

<http://www.siblingsupport.org>

<http://www.bellaonline.com/articles/art33375.asp>

<http://www.supersibs.org>

# INTERNET RESOURCES

## SEIZURE DISORDERS/ EPILEPSY:

### **Epilepsy Foundation**

<http://www.epilepsyfoundation.org>

## SENSORY PROCESSING DISORDER:

### **Sensory Processing Disorder Foundation**

<http://www.spdfoundation.net/>

## SPECIAL EDUCATION:

### **NJ Department of Education**

<http://www.nj.gov/education/specialed/>

<http://www.state.nj.us/education/ece/>

### **Wrightslaw**

[www.wrightslaw.com](http://www.wrightslaw.com)

# HOTLINE NUMBERS



Addictions Hotline of NJ.....	800-238-2333
Gambling Addiction.....	800-426-2537
Assistive Technology Resource Center.....	800-DIAL-TEC
Adoption Hotline of NJ.....	800-992-3678
Catastrophic Illness in Children’s Relief Fund.....	800-335-3863
Child Abuse/Neglect Hotline.....	877-652-2873
Child Behavioral Health Services.....	877-652-7624
Foster and Adoption Services.....	800-992-3678
Child Care Help Line.....	800-332-9227
Child Support Hotline.....	877-655-4371
Commission for the Blind & Visually Impaired (CBVI).....	877-685-8878
Division of Deaf and Hard of Hearing.....	800-792-8339
Division of Developmental Disabilities.....	800-832-9173
Division of Disability Services.....	888-285-3036
Division of Family Development.....	800-792-9773
Division of Medical Assistance and Health Services.....	800-356-1561
Division of Mental Health Services (DMHS).....	800-382-6717
Domestic Violence.....	800-572-7233
Family Helpline.....	800-843-5437
Foster Home Recruitment line.....	877-653-6783
Good Neighbors/Community Living for People with Disabilities.....	877-347-5463
Home Energy Assistance.....	800-510-3102

# HOTLINE NUMBERS

Medicaid.....	..800-356-1561
Medicaid Fraud and Abuse Hotline.....	..888-937-2835
Medicare.....	800-MEDICARE
New Jersey Child Care Helpline.....	..800-329-2273
NJ Family Care Info line (Medicaid managed care).....	..800-701-0710
NJ Family Care/Medicaid Call Center.....	800-356-1561
NJ Foster Care.....	877-NJ FOSTER
NJ Disaster Mental Health.....	..877-294-4357
NJ Kid Care (Medicaid managed care for children) .....	..800-257-6249
NJ Food Stamps Program.....	..800-687-9512
NJ Housing Resource Center (HRC).....	..877-428-8844
NJ Self Help Group Clearinghouse.....	..800-367-6274
NJ Workability.....	..888-285-3036
Pharmaceutical Assistance to the Aged & Disabled (PAAD).....	..800-792-9745
Postpartum Mood Disorders Hotline.....	..800-328-3838
Safe Haven for Infants.....	..877-839-2339
Support for Working Families (Transitional Supports).....	..877-951-9514
Traumatic Brain Injury Fund.....	888-285-3036
2-1-1 This phone number connects callers to various human services in their communities.....	..211
Universal Service Fund (help with utility bills).....	..866-240-1347
Women's Referral Center.....	..800-322-8092
Work First NJ (Welfare for Families and Individuals).....	..800-792-9773
Youth Helpline.....	..888-222-2228

# HUDSON COUNTY PARENT GROUPS

(Information from the Statewide Parent Advocacy Network START Project)

## School Based Parent Groups:

### **Bayonne Special Education Parent Group**

Contact: Donna Christensen & Lucy Hanh; e-mail: NJTSREP@yahoo.com Fax: 201-858-0722

### **East Newark Special Education Parent Advisory Council**

Contact : Alain Mollinedo (Special Education Coordinator);Phone: 973-481-6806

### **Jersey City Special Education Parent Advisory Group**

Contact: Jenny Garcia - email: Acapela7@msn.com/Pam Gardner email: pgardner@jcboe.org

### **Just Education**

Location: Hoboken, NJ;Contact: e-mail Just Education @gmail.com

### **DCF Regional School Hudson Campus Special Ed Parent Group**

Contact: Elsa Hernandez (Asst Principal);Tel. 201-865-4913, e-mail: Elsa.hernandez@dcf.state.nj.us

### **Weehawken Special Education Parent Group**

Contact: Liza Cruz;e-mail: alexiaangel8860@verizon.net

## Disability Based Parent Groups:

### **The Arc of Hudson County**

Contact: Nadia Cabana Tel. 201-319-9229, e-mail: ncabana.arc@verizon.net  
Location: 405-409 36<sup>th</sup> St., Union City, NJ 07087; 2<sup>nd</sup> Friday of the month at 6:p.pm.

### **ASPENHudson**

Contact: Mary Engebretsen;Tel. 201-892-8572, e-mail: maryengebretsen7@aol.com  
Target group: Asperger's Syndrome, PDD, High Functioning Autism

### **Autism NJ Support Group- English**

Contact: Austim NJ 609.883-8100 ext. 45  
Facilatator: Tamara Bannon, LMSW,BCBA;Location: JCC, Bayonne 7-9 pm.

### **Autism NJ Support Group-Spanish**

Contact: Susana Albistur 201-864-7262;Padres Ayudando a Padres  
Facilitator: Claudia Moreno, Ph.D;Location: Iglesia San Augustin de 7-9 pm

### **Epilepsy Foundation of New Jersey's Family CO-Options Program**

Contact: Aaron Ott 973-244-0850 ext. 302  
For families registered with the Division of Developmental Disabilities,

### **New Jersey Self Help Clearing House**

1-800-367-6274;www.njgroups.org/

### **Winning Angels**

Contact: Yolanda Quintero  
Tel. 1-800-654-SPAN Ext. 211, e-mail: 4yolanda@gmail.com  
Target Group: Autism, ADHD, Down syndrome and others  
Location: Meets monthly at different locations

# RECREATION



## ARTS:

VSA Arts New Jersey.....732-745-3885

## FITNESS:

BAYONNE JEWISH COMMUNITY CENTER.....201-436-6900

**HOBOKEN FAMILY FITNESS.** www.hobokenfamilyfitness.com.....201-344-6119  
Contact: e-mail: dana@hobokenfamilyfitness.com; Interactive music classes, storytime & kid's fitness

**HOBOKEN YMCA** .....201-963-4100  
Contact: Aquatics Director Igancio Sanchez; e-mail: aqautics@hobokenYMCA.org  
YMCA offers swim classes for ages 6 months and older over 8 week sessions

## MUSIC:

**MUSIC FOR AARDVARKS OF HOBOKEN**.....917-400-4524  
Contact: e-mail: hobokenaardvarks@gmail.com; 230 Willow Avenue, Hoboken, NJ 07030

**MUSIC TOGETHER OF HUDSON COUNTY**.....201-869-4704  
<http://www.musicplaystudios.com>;  
Each class is 45 minutes. Infant classes are for children newborn – 8 months. Mixed Aged classes are for children newborn – 5 years

## MUSIC PLAY STUDIOS:

Classes are offered at the following locations: Hudson Athletic Club in Hoboken; CLUB H: Hoboken; Newport Fitness Center in Jersey City; The Case Museum in Jersey City; Palisades Fitness Center in North Bergen; The Monroe Arts Center @ WEECARE in Hoboken

## PLAY GROUPS:

### **Jersey City and Hoboken Moms Meet-up Group**

Expecting Moms and moms of kids up to 5 yrs. Come out and make some new friends and playmates for your little ones! Join us for lunch, play, happy hour, to share experiences, give support, and enjoy good company. Moms aged 25 to 40 are welcome! Moms in surrounding areas are also welcome although most activities will be held in Jersey City and Hoboken. <http://moms.meetup.com/1179/>

### **The Hudson County chapter of Mothers & More**

features playgroups for all ages of kids and moms.  
[www.mothersandmore.org](http://www.mothersandmore.org)

### **Playgroup at Resurrection Parish**

Our Jersey City Playgroup brings children and their caregivers together for fun and companionship. Fee of \$75 per semester or \$140 per year (Sept.-June) allows you and your child/children access to open playtime anytime between 10am-12pm, Mon.-Fri. Contact Stephanie at [sandrewsdiaz@yahoo.com](mailto:sandrewsdiaz@yahoo.com).

**THERAPEUTIC FUN PROGRAMS:**

**Sensory Kids LLC.....201-324-1722**

Sensory Kids' mission is to assist children to be active learners in their daycares and schools, comfortable, social playmates to their peers, interactive with toys, games, fine and gross motor activities, and self-confident in their adaptive self-care needs.

**Special Olympics Young Athlete Program.....609-896-8000**

An innovative program to meet the physical and developmental needs of children, ages 2 ½ to 7, in the areas of physical activity and play, with an emphasis on sports skills.



**Helpful Hands, NREIC  
65 Willowbrook Blvd. Suite 206, Wayne, New Jersey 07470  
973-256-8484**