



Child Development Checklist: Birth to Three

This checklist will help you to know what you can expect your child to be doing for the next three years. If you have a concern, call your physician or local Early Intervention Program.

The early years of a child's life are very important. During the infant and toddler years (0-3), children grow quickly and have so much to learn. Some children and families face special challenges and may need extra help. Early Help Makes A Difference!

3 Months At three months of age, most babies:	6 Months At six months of age, most babies:	12 Months At twelve months of age, most babies:	18 Months At 1-1/2 years of age, most babies:	24 Months At two years of age, most babies:	36 Months At three years of age, most babies:
Turn their heads toward bright colors and lights.	Follow moving objects with their eyes.	Sit without support.	Like to pull, push and dump things	Use two-to-three-word sentences.	Walk up steps (alternating feet).
Move both eyes in the same direction.	Turn toward the source of normal sound.	Pull to a standing position.	Follow simple directions ("bring the ball").	Say names of toys.	Ride a tricycle.
Recognize bottle or breast.	Reach for objects and pick them up.	Drink from a cup.	Pull off shoes, socks and mittens.	Recognize familiar pictures.	Put on their shoes.
React to sudden sounds or voices.	Switch toys from one hand to another.	Crawl.	Like to look at pictures.	Carry something while walking.	Open a door.
Make cooing sounds.	Play with their toes.	Play peek-a-boo and patty cake.	Feed themselves.	Feed themselves with a spoon.	Turn one page at a time.
Make fists with both hands.	Help hold the bottle during feeding.	Wave bye-bye.	Make marks on paper with crayons.	Play independently.	Play with other children for a few minutes.
Grasp toys or hair.	Recognize familiar faces.	Hold out their arms and legs while being dressed.	Walk without help.	Turn 2-3 pages at a time.	Repeat common rhymes.
Wiggle and kick with arms and legs.	Babble.	Put objects in a container.	Step off a low object and keep balance.	Like to imitate their parents.	Use three to five-word sentences.
Lift head and chest when on stomach.		Stack two blocks.		Identify hair, eyes, ears and nose by pointing.	Name at least one color correctly.
Smile.		Know five or six words.		Build a tower of four blocks.	Are toilet trained.
				Show affection.	